therm-o-web
adhesives, interfacings and more...

HAPPY QUILTS
10 FUN KID-THEMED QUILTS—PLUS MATCHING SOFTIES

The Red Boot Quilt Company
SWEET NOTHINGS

Approx. Size Quilt 55 1/2in square Cushion 14in square

BEFORE THE FUN BEGINS

♦ Please read all instructions before you begin.
♦ Abbreviations. “WOF” = ‘width of the fabric’.
♦ Are you new to patchwork & quilting? There are many fantastic classes being run at your local patchwork and quilting store. You can also find fantastic step-by-step tutorials on the internet that will help you get started. This pattern is not intended to replace a class.
♦ Requirements are based on fabric 115cm (44in) wide unless otherwise stated. Fabric requirements may differ from person to person due to cutting methods. If in doubt it is a good idea to purchase a little extra fabric.
♦ Fusible webbing requirements will vary greatly between products and projects. Assume you will need a lot and go from there!
♦ 1/4in seam allowances are used throughout unless otherwise stated.
♦ Pre-washed 100% cotton fabrics are recommended.
♦ Press all seams towards the darker fabric or in the direction that creates the least bulk.
♦ Please refer to the photo of the project and the quilt diagrams to help with colour choices and layout.
♦ I would recommend using an applique mat with all but the most simple applique shapes.
♦ Our patterns are proof-read and made by our lovely testers but sometimes mistakes do slip by us. Please let us know if you come across an error so we can correct it.
♦ Buttons and beads are NOT suitable for children under three (3) years of age due to them being a choking hazard. Please replace buttons and beads with applique or embroidery.

HOW TO PRINT TEMPLATES FROM PDF PATTERN

♦ All of the templates are provided at their full size. Make sure that your printer is set to print at 100% with no scaling or cropping.
♦ Some templates are divided into two, or sometimes more, sections and will need to be joined to make the complete template. Simply match the shapes along the dotted lines, then use adhesive tape to stick them together.
♦ If you have any difficulties please contact me at my email address redbootquilts@bigpond.com and I will help you the best I can.
SWEET NOTHINGS

What You Will Need for the Quilt and Cushion

- 2m (2 1/8 yards) of pink large floral print fabric for the background blocks and borders
- 50cm (1/2 yard) of pink & white spot fabric for the framing strips
- 30cm (1/3 yard) of green & white spot fabric for the border
- 80cm (1 yard) of white-on-white fabric for the border and applique
- 40cm (1/2 yard) of pink-on-pink fabric for the applique
- 50cm (1/2 yard) of white & pink spot fabric for the binding
- Lightweight fusible webbing
- Stranded embroidery thread in complimentary green and pink for the border stitching detail
- Matching thread to suit your favourite applique stitching method
- A piece of wadding (batting) measuring at least 61 1/2in square
- 3.2m (3 1/2 yards) of coordinating backing fabric
- General sewing supplies

Cutting Instructions for the Quilt

1. From the pink large floral print fabric, cut:
   - (2) strips, 8 1/2in x WOF. Crosscut (9) 8 1/2in squares for the applique blocks.
   - (3) strips, 2 1/2in x WOF. Crosscut (12) 2 1/2in x 10 1/2in rectangles for the sashing strips.
   - (4) strips, 3in x WOF for the first border.
   - (6) strips, 5 1/2in x WOF for the final border.

2. From the pink & white spot fabric, cut:
   - (9) strips, 1 1/2in x WOF. Crosscut (18) 1 1/2in x 8 1/2in strips, and (18) 1 1/2in x 10 1/2in strips for the framing strips.
   - (4) 2 1/2in squares for the cornerstones of the quilt.

3. From the white-on-white fabric, cut:
   - (9) strips, 1 1/2in x WOF for the second and fourth borders.

4. From the green & white spot fabric, cut:
   - (5) strips, 1 1/2in x WOF for the third border

5. From the white & pink spot fabric, cut:
   - (6) strips, 2 1/2in x WOF for the binding.

6. From the backing fabric cut (2) pieces approx. 61 1/2in long. Remove the selvedge.

How to Make the Quilt

1. Trace the applique shapes from the template pages onto the paper side of the fusible webbing using a sharp pencil; leave approx. 1/2in between each shape. When you have finished tracing, roughly cut out the individual shapes 1/4in outside the traced lines.

   You will need to trace (9) background circles, and (9) flower plus their centres.

2. Fuse the applique shapes to the wrong side of the fabrics you have chosen for the project following the manufacturer’s instructions. Cut the shapes out carefully on the lines when cool to the touch. Remove the backing paper from the applique shapes as you go.

3. Use the template and the colour photograph as a guide to fuse the applique to the (9) 8 1/2in pink floral background blocks.

   Stitch around the applique shapes using your favourite method. I stitched around my shapes using hand-stitched blanket stitch and two strands of matching thread.

For the Cushion

The cushion is made from the left-over quilt fabric. You will also need (1) 15in square of coordinating fabric for the backing, and (1) 14in cushion insert.

Cut

(2) 1 1/2in x 10 1/2in rectangles, and
(2) 1 1/2in x 12 1/2in rectangles from the pink large floral print fabric.

(2) 1 1/2in x 8 1/2in rectangles, and
(2) 1 1/2in x 10 1/2in rectangles from the pink & white spot fabric.

(2) 1 1/2in x 12 1/2in rectangles, and
(2) 1 1/2in x 14 1/2in rectangles from the white & pink spot fabric.

(1) 8 1/2in square from the white-on-white fabric.
4. Pin and then sew a 1 1/2in x 8 1/2in pink & white spot strip to the top and bottom of each of the (9) applique blocks. Press the seams outwards.
   Repeat to sew a 1 1/2in x 10 1/2in pink & white spot strip to the left and right-hand sides of each block. Press the seams outwards. Set aside.
5. Sew (3) 2 1/2in x 10 1/2in pink floral strips and (2) 2 1/2in pink & white spot squares together end to end to make a sashing strip. Press the seams towards the pink floral fabric. Repeat to make (2).

   Diagram 1 ►

6. The quilt is made up of (3) rows, each with (3) blocks. Use the photograph and Diagram 2 as a guide to lay out the blocks and the 2 1/2in x 10 1/2in pink floral sashing strips on a flat surface.
   When you are happy with the layout, pin and then sew them together in horizontal rows. The sashing strips are placed between the blocks. Press the seams towards the sashing strips.
7. Lay out the (3) rows on a flat surface again, then place the long sashing strips made in Step 5 between the rows.
   When you are happy with the placement of the rows, pin and then sew them together, carefully matching the seams, to make the centre of the quilt. Press the seams towards the sashing strips.

   Diagram 2 ►

8. Measure the width of the quilt through the centre and cut (2) 3in pink floral border strips to this length. Pin and then sew them to the top and bottom of the quilt. Press the seams outwards.
   Measure the length of the quilt through the centre and cut (2) 3in pink floral border strips to this length. Pin and then sew them to the left and right-hand sides of the quilt. Press the seams outwards.
9. Repeat to measure, cut and sew the 1 1/2in white-on-white border strips to the quilt.
10. Sew the (5) 1 1/2in green & white spot strips together end to end, using 45-degree seams. Trim the seams to 1/4in and press them open.
11. Measure the width of the quilt through the centre and cut (2) strips to this length. Pin and then sew them to the top and bottom of the quilt. Press the seams outwards.
   Measure the length of the quilt through the centre and cut (2) strips to this length. Pin and then sew them to the left and right-hand sides of the quilt. Press the seams outwards.
12. Sew the remaining (5) 1 1/2in white-on-white strips together in the same way.
13. Measure the width of the quilt through the centre and cut (2) strips to this length. Pin and then sew them to the top and bottom of the quilt. Press the seams outwards.
   Measure the length of the quilt through the centre and cut (2) strips to this length. Pin and then sew them to the left and right-hand sides of the quilt. Press the seams outwards.
14. Sew the (6) 5 1/2in pink floral strips together end to end, using 45-degree seams. Trim the seams to 1/4in and press them open.

15. Measure the width of the quilt through the centre and cut (2) strips to this length. Pin and then sew them to the top and bottom of the quilt. Press the seams outwards.

Measure the length of the quilt through the centre and cut (2) strips to this length. Pin and then sew them to the left and right-hand sides of the quilt. Press the seams outwards, then press the quilt top well.

16. Use two strands of green embroidery thread and running-stitch to stitch around the outside edges of the (2) white borders. Stitch approx. 1/4in inside the seam line. See Diagram 3.

When you have finished stitching in running stitch, use two strands of pink embroidery thread to stitch French knots in the spaces between the running stitch. See Diagram 3. Press gently.

Diagram 3 ▶

17. Sew the (2) pieces of backing fabric together along the long edges, then trim to make a piece measuring approx. 61 1/2in square.

18. Layer the backing, wadding (batting) and quilt top, then baste them together using your favourite method. Start quilting from the centre and work your way out to the edges.

19. Sew the (6) white & pink spot binding strips together using diagonal seams. Trim the seams to 1/4in and press them open. Fold the binding strip in half lengthwise, wrong sides facing, and press well. Bind, label and date your quilt to finish.

How to Make the Basic Cushion

1. Fuse a bright pink flower to the centre of the 8 1/2in white background square. Stitch around the shapes as before.

2. Pin and then sew a 1 1/2in x 8 1/2in pink & white spot strip to the top and bottom of the block. Press the seams outwards throughout.

Repeat to sew a 1 1/2in x 10 1/2in pink & white spot strip to the left and right-hand sides of the block.

3. Pin and then sew a 1 1/2in x 10 1/2in pink floral print strip to the top and bottom of the block.

Repeat to sew a 1 1/2in x 12 1/2in pink floral print strip to the left and right-hand sides of the block.

4. Pin and then sew a 1 1/2in x 12 1/2in white & pink spot strip to the top and bottom of the block.

Repeat to sew a 1 1/2in x 14 1/2in white & pink spot strip to the left and right-hand sides of the block.

5. Use the colour photograph and Diagram 3 as a guide to stitch around the inside edge of the white (appliqued) background fabric in the same way as before.

6. Cut a 14 1/2in square from the backing fabric. Pin the front of the cushion to the cushion back with right sides facing. Sew the front and back together using a 1/4in seam, ensuring you leave an opening on one side to insert the cushion and to turn the cover the right side out.

Stuff with the cushion insert and hand-stitch the opening closed using small stitches.